

Squaring the Blade

Volume 21
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2003

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REPORT FROM THE INTERIM BOARD OF DIRECTORS

Do You Want To Change The World?

By Mike Scott '73
President, Interim Board of Directors
FOMITC

A great deal has been accomplished since reporting to you in the spring 2003 *STB*. First off, I'd like to personally thank the hundreds of crew alumni who contributed to the FOMITC and/or women's crew funds this last year! Fiscal year 2003, which ran from 1 July 2002 through 30 June 2003, was a record contribution year that totaled approximately \$134,000! I called as many '73 grads as I was able to reach, and I know for many, these last few years have been very challenging financially. We received donations from approximately 13 percent of the crew alumni, with gifts ranging from \$10 to \$10,000!

Perhaps you are wondering where I came up with the title to this article, "Do you want to change the world?" I work

for Cisco Systems, a company that is a leader in the networking industry. Most of us are regular users of the internet and networking products. I strongly believe that the development and worldwide utilization of networking is fundamentally changing the way we work, live, play, and learn (that is my company vision). So what does this have to do with MIT Crew and its alumni? I believe we are at a major crossroads at MIT and we, as MIT crew alumni, are now in a position to fundamentally change MIT and positively influence all future generations that go to MIT.

MIT is certainly among the best colleges in the world. Most of us are very proud in having attended and graduated from MIT. For most of us, crew was a salvation while we were there and taught us things that had more influence in our subsequent lives than the academic side of

MIT. Unfortunately, decision-making and fund allocations at MIT are still very slanted toward the academic/research side of MIT. MIT has had to make tough decisions financially with the economy and with the decline of government funding. Other competitive schools have larger endowments, so MIT has had to fight harder to attract the best students and faculty. What has suffered the last 15 or so years has been funding for athletics and other "student life" activities that make MIT a bit more bearable.

FOMITC is not hopeful about changing MIT on this issue. While there is more funding for some aspects of "student life" (dorms, etc.), we see little hope of MIT funding athletic programs to anywhere near the levels we believe are appropriate. However, we can dramatically improve the situation by endowing MIT

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FROM MIT TO THE OLYMPIC GAMES

Steve Tucker '91 and Mike Perry '99—A Quest For 2004

By Linda Muri '85

Steve Tucker '91 and Mike Perry '99 are on the road to Athens (2004 Olympic Games). They will be competing this summer at the World Rowing Championships in Milan, Italy, on August 24-31, 2003. Steve will be in the

lightweight men's 2x with his partner, Greg Ruckman, and Mike will be in the men's 1x. This fantastic trajectory began for both oarsmen on the freshman crews at MIT where they both started as novices. The spring '03 issue of *Squaring the Blade* profiled Steve Tucker, and

you can look forward to a similar effort on Mike Perry in the winter '03 edition.

Although they are both competing in Olympic class events this summer at the World Championships, their expenses are partially covered by USRowing and

(continued on page five)

Designate all of your MIT contributions to Friends of MIT Crew, fund 3855200. Contributions to that fund will be used exclusively for the benefit of MIT crew. Contributions to FOMITC will also be credited to the class fund of the donor.

PROPOSED CHANGES TO BYLAWS

Vote By October 11, 2003

By John Everett '76

The interim board of directors has voted in favor of three (3) amendments to the bylaws. In order for these to take effect, each amendment must be ratified by the membership of Friends. Following are the proposed amendments with a short discussion of why each amendment has been recommended by the board. Complete text of the bylaws was published in Squaring the Blade (Spring 2002) and can be found at: <http://www.fomitc.org/reports.html>.

Please indicate your support by voting for or against each amendment on the enclosed ballot. The ballot must be received by October 11, 2003. Members may also vote in person at the annual meeting on October 18, 2003.

Proposed amendment #1

Section 7.01 of the bylaws shall be amended to:

7.01 Amendment. These bylaws may be altered, amended, or repealed, and new bylaws may be adopted, by a vote of seventy-five percent (75%) of all At-Large Directors when subsequently ratified by a majority of the members voting in person, by proxy, or by mailed or electronic ballot. Written notice, describing completely any proposed change, shall be sent to the entire membership at least thirty (30) days prior to the date at which the vote to ratify is scheduled.

Discussion. The current bylaws allow ratification of amendments by the membership only at the annual meeting. The interim board of directors feels it would be more efficient to allow ratification at

any time during the year provided thirty (30) days' notice is given to the membership. The revised wording also clarifies the vote required by the board. The interim board of directors voted 10-0 to support this amendment.

Proposed amendment #2

The bylaws shall be amended to add Article VII Interpretation. Subsequent sections of the bylaws shall be re-numbered appropriately.

ARTICLE VII INTERPRETATION

7.01 Interpretation. In questions of interpretation as to the meaning and/or effect of these bylaws, a majority vote of all At-Large Directors shall be definitive.

Discussion. As might be expected in its first year of operation, the interim board of directors has found itself faced with differing interpretations of the new bylaws. This amendment formalizes the process by which the interim board has attempted to resolve these differences and move forward. The interim board of directors voted 10-0 to support this amendment.

Proposed amendment #3

Section 5.02 of the bylaws shall be amended to delete, "The ballot material, which the members receive for electing At-Large Directors, shall include all candidates who are deemed qualified."

Discussion. The interim board of directors feels this sentence is vague and virtually impossible to satisfy. In fact, the slate of candidates for the first elected board of directors above is in violation. The interim board of directors voted 9-1 to support this amendment.

SQUARING THE BLADE

A NEWSLETTER FOR
THE FRIENDS OF MIT CREW
VOLUME 21 • NUMBER 2

BOARD OF DIRECTORS OF FOMITC

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Varsity Lt. Coach	BUZZ CONGRAM
Novice Coach	ANDREA GREELEY
Assistant Coach	MEGAN GALBRAITH

MEN'S ROWING

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Freshman Hvy. Coach	DAN PERKINS
Varsity Lt. Coach	IAN HUTTON*
Freshman Lt. Coach	BILL PATTERSON
Volunteer Assistant Coach	ADAM REYNOLDS
Volunteer Assistant Coach	TONY CRONIN

*NOTE: CO-DIRECTORS

VISIT US ON THE WEB AT: [HTTP://WWW.FOMITC.ORG](http://www.fomitc.org)

Enclosed is a ballot for the
2003 Election of the Board of Directors and the proposed
changes to the bylaws described in the above article.

Please fill out the postage-paid ballot
and drop it in the mail.

ALL BALLOTS MUST BE RECEIVED BY
OCTOBER 11, 2003.

FIRST FIVE-YEAR GIVING PROJECT ENDS

Fundraising Drive Breaks All Past Records

By Jack Frailey '44

First reported in the last issue of *Squaring the Blade*, this innovative Friends of MIT Crew fund-drive to raise money ended on June 30, 2003. The premise was to "piggyback" onto the fundraising efforts of the five-year reunion classes by encouraging crew alumni/ae to give to FOMITC, a gift that would also earn credit toward their class dues. The "dual credit" feature of directed gifts that also receive class gift credit was felt to be a unique way to encourage gifts to crew. The drive was implemented by selecting "crew champions" within each class who would write letters and make phone calls to other class mem-

bers to promote this program. From the outset, the alumni association saw clearly the potential value in this approach, introduced it with enthusiasm to reunion gift chairs, and provided FOMITC with valuable continuing guidance and support.

Although the drive fell short of the hoped-for result, it did succeed in breaking all past records—bringing in a total of \$134,185.88 from 30 percent more reunion-year donors than ever before. We want gratefully to acknowledge the efforts put forth by Sandy Blanchard '65, who supervised this effort in exemplary fashion, and Steve McAlister of the Alumni Office, whose able and enthusiastic partnership

contributed greatly to our success. But most of all, we want to congratulate the 34 crew champions who were instrumental in achieving this landmark result (see box below).

We have learned much from this initial effort, chiefly that we must begin much earlier in the campaign year. So the five-year class giving project for the 'x4s and 'x9s has already been initiated, this time under the supervision of Bethany Grant '93. Please join this unique opportunity to contribute, both to the Friends and to your class, when you are approached by Bethany or our campaign captains this year.

Crew Champions

Bill Laird '43	Rod Rogers '58	Robert Haslam '68	Thomas Stepian '83	Goddard Abel '93
Hans Walz '43	Frank Farrow '58	Joel Robinson '68	David Payne '83	Otway Louie '93
Bill Grant '48	Al Philippe '58	Mike Scott '73	Alec Jessiman '88	Rita Baranwal '93
Howard Feist '48	Mike Greata '63	Jim Bidigare '78	Gary Waldman '88	Joseph Irineo '98
Chuck Buntschuh '53	John Wasserlein '63	Carrick Brook-Davidson '78	Laura Grunbaum '88	Heidi Chang '98
Bob Mackintosh '53	Tony Fiory '63	Cynthia Cole '78	Adam Schwartz '88	Robert Lentz '98
	Elliott Bird '63	Laura Kiessling '83	Bethany Grant '93	Chris Liu '98

MIT CREW THANKS THOSE WHO HAVE HELPED

Donors of \$300 or more to the Crew from July 1, 2002, through June 30, 2003.

Computer Engineering & Research Inc.	Robert C. Weber	Paul H. Rothschild	Joel P. Robinson	CLASS OF 1981
CLASS OF 1936	CLASS OF 1951	CLASS OF 1959	CLASS OF 1969	Johan Magnusson
Frank L. Phillips	Alex L. Primas	Stephen Spooner	Roger E. Doxsey	CLASS OF 1982
CLASS OF 1940	Roy M. Sachs	CLASS OF 1961	Stephen Nord	Naomi J. Kagetsu
James L. Baird	Frederick W. Weitz	Donald G. Morrison	CLASS OF 1971	Alan R. Ringen
CLASS OF 1941	Herbert B. Voelcker	Richard J. Resch	Joseph K. Boddiford Jr.	CLASS OF 1983
Robert Wallace Blake	CLASS OF 1952	J. Curtis Shambaugh	Donald M. Saer	Laura L. Kiessling
William M. Folberth Jr.	Clifford H. Heselton	CLASS OF 1962	CLASS OF 1972	Erik P. Nygaard
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CLASS OF 1943	CLASS OF 1953	Kenneth L. Andersen	Ralph Nauman	CLASS OF 1984
Robert W. Caldwell Jr.	Charles D. Buntschuh	Ronald M. Cheek	CLASS OF 1976	Steven P. Larky
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James F. Hield	Frederic L. Holmes	John T. Lynch	Thomas A. Kush	CLASS OF 1988
CLASS OF 1948	(in memoriam)	Richard W. Metzinger	CLASS OF 1978	Waldo T. Best
Donald Jenkins Jr.	CLASS OF 1955	Murray Morton	Alice E. Campbell	CLASS OF 1989
Charles W. Loufek Jr.	Gordon J. Burrer	CLASS OF 1964	Cynthia E. Cole	James H. Donovan
CLASS OF 1949	CLASS OF 1956	Peter F. Brown	Michael R. Manes	CLASS OF 1996
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John R. Saxe	CLASS OF 1957	CLASS OF 1967	CLASS OF 1979	CLASS OF 1997
CLASS OF 1950	Herbert F. Schwartz	Kenneth G. Follansbee Sr.	Ted Pounds	Jared D. Cottrell
Herbert A. Frankel	CLASS OF 1958	CLASS OF 1968	CLASS OF 1980	Joseph P. Marquardt
Donald E. McGuire	Mike Brose	Christopher J. Davis	Paul B. Rothman	CLASS OF 2002
	Cornelius Peterson	Scott P. Marks Jr.	Debra A. Utko	Kriengsak Itsara

MEN'S HEAVYWEIGHT CREW SPRING 2003

Building For The Future

By Gordon Hamilton
Men's Heavyweight Coach

Calling a season successful in which you only beat one crew might seem like something of a stretch; but without a doubt, the members of the 2003 varsity heavyweights deserve to view this past year as such, especially since one of our chief goals was to come off the water after every race with a feeling of accomplishment, knowing we had raced our hardest. For a crew dominated by sophomores, this was by no means easy. To the credit of the team and the leadership of Sophomore Captain Andy Hill, the squad kept a very positive attitude and always worked towards improving. We knew coming into the racing season that this was going to be an extremely challenging year. Virtually every boat we raced was considerably more powerful and experienced (including our own freshmen).

We had a very good winter of training in which we met most of our major goals, including everybody getting a personal best erg time at the crash-B sprints and times for running the tallest building on the MIT campus, the 22 flights of stairs of the Green building. By the time we got on the water on March 20, we had run over 37,000 stairs during our once-a-week stair fests. This is equivalent to each individual running from the street level to the top of the Empire State Building 20 times.

Though we fell somewhat short of our major on-the-water goal of winning half of our races, we did come close during the regular season to accomplishing our goal of rowing even to negative splits for each 500 meters in the Compton Cup against Harvard and Princeton. The varsity heavyweights rowed a tremendous race here, and while we got beaten fairly convincingly, Harry Parker, the legendary coach of Harvard, came up to me after the race

and exclaimed that this was one of the best MIT races in the Compton Cup he had seen. We achieved that feeling of accomplishment, knowing we really had rowed our hardest and raced our best.

We finally did achieve our goal of negative splitting at the IRA's in the semifinal of the varsity four with coxswain event. This was a particularly gratifying race because not only did we row the best race of the year, but we put Princeton on the truck, knocking them out of the finals by beating them by over eight seconds. Princeton had

Intercollegiate Division 1 Rowing is the fact that there were only six programs that had second freshman eights at the sprints this year; MIT was one of these. There are numerous reasons for this, but one of the main ones is the fact that colleges are relying much more, in some cases entirely, on recruited rowers for their boats and have little or no interest in spending the time to develop new oarsmen. They recruit their 8-12 experienced freshmen oarsmen and are satisfied with half of them or so returning to the varsity the following year.

That being said, our freshmen had more experience than we have probably ever had. We began the year with eight oarsmen who had had some level of experience—just not quite as experienced as much of their competition. The freshman heavyweights (four and three for the season) had similarly improved throughout the season, saving their best race for the end at the IRA's.

The freshmen began the season with a difficult loss to Columbia on a weather-

induced shortened 1400-meter race-course. Here the Lion Cubs beat the Beavers by 15 seconds. By the sprints, the MIT frosh had shaved that down to three seconds comparing times; and by their last race of the IRA's, they had a time of 6:11.8 to Columbia's 6:14. Their final times put them 6-8 seconds behind B.U. and Navy, both of whom finished in the middle of the petite finals at the eastern sprints. They are going to fit in quite nicely next year joining the sophomores' never-say-die attitude.

Toward our next year's goal of avenging losses to Columbia, Georgetown, Williams, WPI, and Boston College, a large percentage of next year's varsity candidates are currently embarked on our summer training goal of 1,000,000 meters, either erged or rowed, building for the future.

Heavyweight Men's Fall 2003 Schedule

October

Head of the Ohio	October 4
New Hampshire Championships	October 11
Head of the Charles	October 18 & 19

November

Foot of the Charles	November 22
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beaten us by two seconds on the previous day in the Reys.

The entire level of rowing, not just in the sprints league, has improved tremendously over the past 10 years; and this was even more apparent this year. I site three examples: Princeton, quite arguably the best program in the league for the past five years, finished fourth in the third level final of the IRA's this year. Dartmouth, bronze medalists at the sprints this year, was in the third level final of the IRA's. Lastly, we have the example of the varsity four with coxswain event at the IRA's. Over the past six years, the average time for the sixth-place crew in the Grand Finals has been 6:46. This year, we rowed a 6:40 in flat conditions and just made it into the third level finals.

Another indicator of the change in

For information on FOMITC news and events, visit us on the web at www.fomitc.org!

MIT CREW: VOICES FROM THE PAST

Alumni/ae Update Us About Their Lives

Charles A. Church '50 (1604 Grandberry Dr., Melissa, TX 75454) has retired from business. He recently bought a country home in Melissa, Texas, approximately 40 miles north of Dallas. He has five children and six grandchildren—all are doing fine. His favorite crew memory is of being on the first freshman crew to beat Harvard!

Guillermo W. Arnaud '67 (121 S. Mockingbird Lane, Tahlequah, OK 74464; gwarnaud@alum.mit.edu) writes, "After retiring from the Army in 2001, I have finally gotten up on private practice. I will now be working for the public health service as a staff general surgeon at the W.W. Hastings Indian Hospital in Tahlequah."

John Bowen '81 (7 Springdale Lack, Pittsford, NY 14534; bowen@photogear.com) writes, "I am working at a small startup near Rochester—building optical assemblers (lenses) and doing other optical engineering work. My wife, Nancy, is at home writing children's books. We have an eight-year-old son, Alex, and a six-year-old daughter named Anne. The Erie Canal goes through Pittsford (just outside of Rochester) and we have a very active youth program here. I help with organizing and running regattas. I keep a single at the boathouse and am just starting to get back into racing during the fall months."

Steve Wiggins '93 (1 Columbus Pl., #N-12A, New York, NY 10019;

rower93@alum.mit.edu; steven_wiggins@yahoo.com) writes, "I'm still in New York, working in finance. Recently (the past year or so), I got back in competitive rowing with the New York A.C. (NYAC) lightweights and it's really competitive!" Steve is still hanging out with fellow '93ers **Otway** and **Kenway Louie** (a.k.a. The Professional Students). He also sees **Sherry Hsiung** and **Jock Jones** from time to time.

Andrea Jensen '95 (477 4th St., Suite 1, Laughlin AFB, TX 78843; ajensen@alum.mit.edu) reports that she is still in Del Rio, Texas, but she will be moving to Shreveport, Louisiana, this fall to fly B-52s. They have a rowing club there!

STEVE TUCKER AND MIKE PERRY—A QUEST FOR 2004

(continued from page one)

the U.S. Olympic Committee (USOC). Currently, Steve supports himself with odd jobs, and Mike is a Ph.D. candidate at the University of Michigan. Charley Butt III, son of Charlie Butt Jr. '41, has volunteered his time as Steve's coach since 1997, and Mike is essentially coachless.

As a former National Team member, I know from personal experience just how difficult it is these days to train and excel at their level of competition. I understand the challenges faced by these two young men in terms of preparing for their competition. Training full-time and making ends meet financially are essentially mutually exclusive at this level. In order to prepare to medal at the Olympics, it is necessary to train full-time most of the year. Very few careers exist where one can take off for 5-7 hours per day in 2-3 hour chunks of time and still remain productive both on the water and at the job.

There is a way for us to help them. Overall, the financial need is approximately \$40,000 each to see them

successfully through the Olympic Trials next summer. Additionally, projected equipment costs would be another \$24,000 (\$15K 2x, \$7.5K 1x, \$1.5K oars and electronics). There are two options available to support these aspiring champions:

- corporate sponsorship for boats available through USRowing;
- tax-deductible individual donations to athlete training accounts set up by the National Rowing Foundation (NRF).

Although these donations cannot count toward MIT or FOMITC giving, they will do more than dollars alone can accomplish. They will show the dedication and bond that exists among us even today as rowers from Tech. It will also demonstrate to the current rowers what is possible when you put your mind to it. Steve and Mike will donate any equipment purchased with these funds back to MIT.

I would be more than happy to take the time to handle any questions about how you can help, whether it be financial, employment-oriented, or spiritual.

My contact information is listed below, as well as how to reach Steve and Mike directly via their Infinite Connection e-mail: **Linda Muri '85**, U.S. Team '91-95, '97-'00; lindamuri@alum.mit.edu, 617/869-4028

Steve Tucker '91, U.S. Team '97-'03; stevetucker@alum.mit.edu
Mike Perry '99, U.S. U23 Team '98; mikeperry@alum.mit.edu

Included below are links to websites you may find of interest, whether following the Olympic Quest or keeping up to speed on rowing in general:

www.fomitc.org (Friends of MIT Crew)

www.rowmilano.it (World Championships 2003)

www.row2k.com (your best source for all rowing information as a daily digest)

www.fisa.org (International Rowing Federation)

www.usrowing.org (USRowing Federation)

www.natrowing.org (National Rowing Foundation)

www.fisa.org/news/fullstory.sps?

iNewsid=40319&itype= (story on Tucker)

Don't forget to update your e-mail address and other relevant information through the MIT Alumni Association "infinite connection" service at <<http://alum.mit.edu/>>.

WE THANK THESE SUPPORTING MEMBERS

The list below acknowledges contributions to MIT Crew made between

Computer Engineering &
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Saint Louis Rowing Club

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(*in memoriam*)

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Robert W. Wild

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Peter F. Brown

David A. Cook

Edward P. Hoffer

Jesse Lipcon

Robert T. Menzies

Christopher R. Miller

Richard A. Schwarz

Anthony W. Slusarz Jr.

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Alan R. Hausrath

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from July 1, 2002, and June 30, 2003, but does not include matching gifts.

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WINNING—WHERE SHOULD MIT BE?

We Want To See MIT Crews Enjoy Renewed Success

By Linda Muri '85

Winning isn't normal. That doesn't mean there's anything wrong with winning. It just isn't the norm. It's highly unusual.

Every race only has one winner. No matter how many crews are entered, only one boat wins each event.

Winning is unusual. As such, it requires unusual action.

Adapted from an article by Dr. Keith Bell. Dr. Bell has been the sports psychologist for U.S., Canadian, Australian, Hong Kong, Fiji, Cayman Islands, and New Zealand Olympic and national swim teams, and is the author of nine books and over 80 articles on performance enhancement.

This is the beginning of a text I share with my team every year. I share it because there is something about winning. It is oftentimes elusive and rare. To say it is a special experience is a complete understatement. The singularity of winning is what makes it so desirable. And it is the desire to win that generally motivates most people to compete. To be a winner is a lofty, yet attainable, goal.

Does a winning performance equal victory? Do you have to win the sprints every year to be a winning crew? No, but what about when winning appears out of reach? As the accompanying charts show, it has been 41 years since an MIT crew has won the Sprints. Were all of those other crews losers? Definitely not. While it is not necessary to win the sprints or the IRAs or even to have a .500 record in order to be a winning crew, it is necessary for a winning crew to be competitive. And a competitive crew is a winning crew.

A closer examination of the charts shows that the MIT crews have fallen off this competitive mark in the past

two decades. What can we, as alumni, do to best help the current crews become winning teams once again? Certainly, we need to make sure that the crews have the finances required to cover the necessities for competition. Our continued donations allow the teams to compete in a fair lane with our peer institutions, primarily the Ivy League.

Our support is also needed in terms of leadership, e.g., through the current mentoring program set up by Karl Richter '99, and attendance at as many races as possible. The bare minimum checklist for any crew must include the following: equipment (boats and oars), training (practice time, completing workouts), and coaching (knowledgeable, communicator). But is that enough? Are our dollars and our "Go Techs" enough?

A winning crew needs much more than these basics. Crucial components to add to the list include attitude (drive, motivation) and desire (to compete, to win)—this is true for both the coaches and the athletes. Most of us have probably heard Thomas Edison's quote on genius, "Genius is one percent inspiration and ninety-nine percent perspiration." When one compares the mental and physical preparation necessary for rowing success, winning takes on a similar split. Granted, all the mental toughness in the world won't get a boat across the

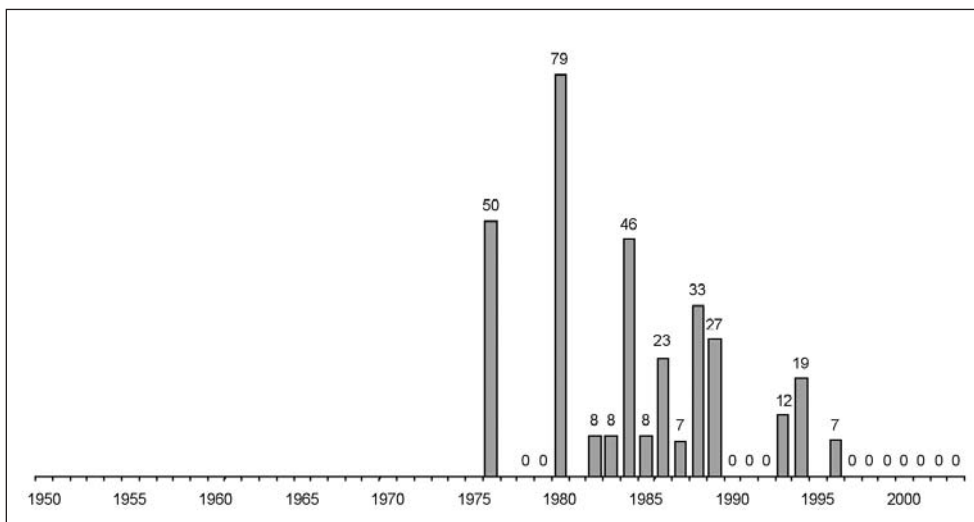
finish line first if the physical preparation hasn't been completed. However, going the extra distance to complete that last one percent of preparation can yield terrific results.

If you've been fortunate enough to be part of a winning effort on or off the water, you know that the result is most likely a combination of training, mental preparation, inspiration, good instruction, and a lifestyle that supported the pursuit of your goals. What, then, does it take to be a winning team? Does a winning performance equal victory, or conversely, does a losing performance equal defeat? Not always. When do you actually win a race? You win it in practice, of course. You win it by rehearsing winning behaviors, practicing the way you want to race, completing the mental preparation, and having the right attitude.

What separates a winning crew from any other crew? Not following through, going through the motions. It is up to both the rowers and the coaches to take on the challenge together of becoming a winning team. While not exhaustive, the following can serve as a checklist for both the coach and the athlete who want to become winners:

1. A winning crew respects the competition by working hard in practice and rowing well. They expect a lot from themselves as well as from the competition, all the while realizing that

(continued on the facing page)



Women's varsity: MIT crew performance at the EA WRC Championships, 1976-2003. Percent of crews finishing behind MIT.

The Reunion Row was held on June 8, 2003. Go to www.fomitic.org for details!

no one is invincible. All victories must be earned—nothing comes for free.

2. Winning teams expect to win every time they compete—meaning they believe their best execution and efforts will consistently yield successful results. And if they don't, a winning crew can hold their heads up after a race regardless of the outcome; they know they have done everything they

can to be ready to win.

3. Winners spend time visualizing their performance executed perfectly and even envision themselves overcoming setbacks and obstacles so they are prepared to handle any situation/condition on race day. They have an image of what successful technique looks like and feels like. They have a clear expectation of what their competitors will be

like and the level of performance required to achieve their goals.

4. Winners are not afraid to share their goals with teammates and talk about what they intend to do to reach those goals. Winners talk about winning. Winners put the goals of the team ahead of their own. They experience the success of reaching short and medium range goals throughout the year, which develops their self-confidence.

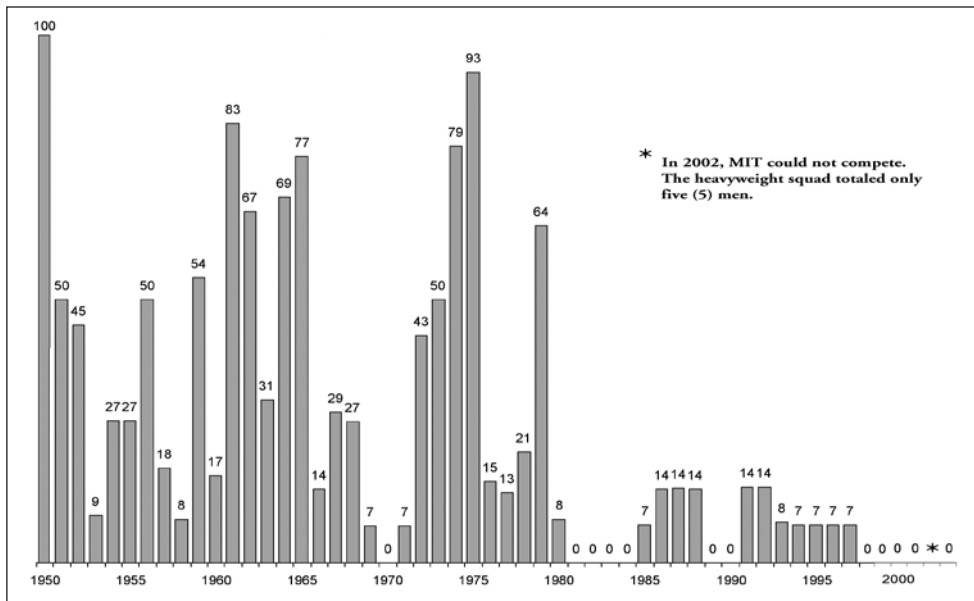
5. Winners are self-motivated—no one needs to remind them of their goals or ask them to give their maximum effort and attention to training. They possess the discipline needed to do the work consistently and at the right level.

6. Winners are rarely satisfied with their performances—they look at ways to improve or increase their ability. They are compelled to find ways to do better all the time.

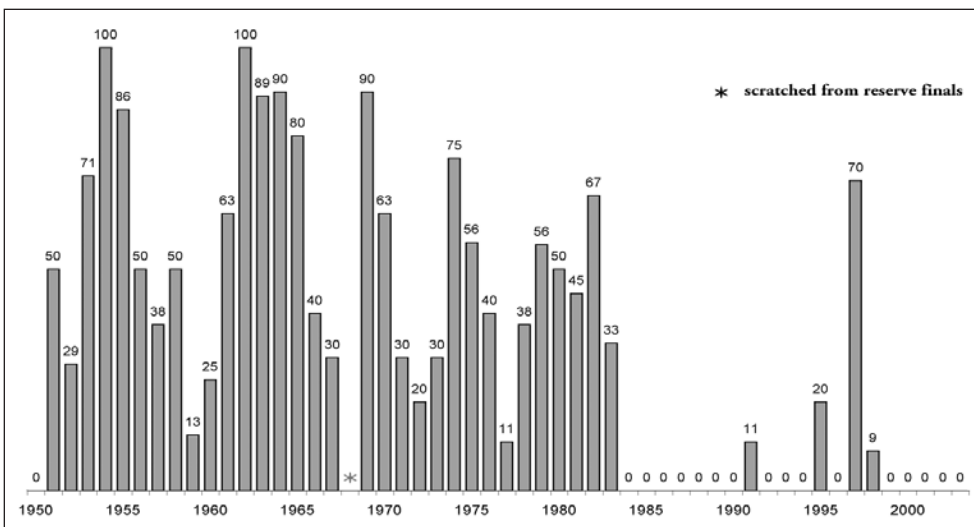
7. Winners trust their teammates and themselves. They trust their coaches and believe in their training program and coaching strategy.

In the long run, winning is not a function of desire, or talent, or even hard work. It is not the result of liking the people on your team or your coach. Although these are excellent attributes to have on a team, they are not the difference between winning and losing. They are admirable, yes, but not sufficient to make a winning crew. It has to be the sum of all of the above. You have to be able to think you can be competitive with your opponents—that you have the opportunity or capability to beat more than a few boats. It is not enough to go through the motions and only show up to practice every day. Practice should always remain a verb.

“Winning isn't everything, it is the only thing” has long been attributed to Vince Lombardi, one of the most accomplished and respected coaches ever. What he really said was, “Winning isn't everything—but wanting to win is.” That is exactly the kind of effort needed now. All of us want to see the MIT crews enjoy renewed success. Let us set the example for today's athletes of how Tech develops a winning approach to all of our pursuits. Let us show we want to win and we want to see them winning by giving our 100 percent. I'll see you at the finish line.



Heavyweight Men's varsity: MIT crew performance at EARC Championships, 1950-2003. Percent of other crews finishing behind MIT.



Lightweight Men's varsity: MIT crew performance at the EARC Championships, 1950-2003. Percent of other crews finishing behind MIT.

UPDATE ON FOMITC WEBSITES AND MENTOR PROGRAM

By Karl Richter '99

FOMITC.org

Friends of MIT Crew is now on the web! The new URL for Friends of MIT Crew is FOMITC.org. On this site, alumni will find information about the Friends of MIT Crew organization, an archive of past *Squaring the Blade* newsletters, instructions for designating gifts to MIT specifically to crew, volunteer opportunities, and more. Note that the FOMITC.org site is distinct from the MIT crew site (mit.edu/mitcrew/www), which contains information about crews, coaches, and schedules that may also be of interest to alumni.

Strong Start for Mentor Program

The coaches and Friends of MIT Crew teamed up to launch a mentor program in the 2002-2003 academic year. The idea, originally proposed by Bill Patterson (MIT freshman lightweight men's crew coach), is to pair up rowing alumni with freshman/novice rowers and encourage a series of telephone and e-mail interactions. The hope is that this effort builds community, offers students some insight into the history of MIT crew and the life-long benefits of rowing, helps students access career advice, and might just be one factor that improves retention on the crews beyond the freshman year.

We have received strong support in this effort from Candace Royer, Head of MIT's

Department of Athletics, Physical Education, and Recreation. She tells us that she thinks this is an excellent start and that she is looking to the crew mentor program as a model for other sports at MIT.

Nearly thirty alums volunteered to help as mentors in the first year. We found that some students responded more enthusiastically than others, but for a handful of them, this seems to be very important interaction. My sense is that the content of the conversations between the alumni and students was less important than students knowing there are alumni who went before them who care about what they are doing and think it is important.

We have learned a lot in the first year and will be making several improvements to the program for the incoming class of freshman/novice rowers. For example, we'll be starting communications earlier in the fall term and developing a web interface for tracking communicating information. I am confident that we will do an even better job as mentors this year.

We are looking for a few more alumni to help as mentors. Requirements are enthusiasm for MIT crew and the ability to set aside a small amount of time to call your assigned student about four times during the academic year. If you're interested in helping as a mentor, please contact Karl Richter: 415/206-9356 or krichter@alum.mit.edu.

Thanks to the alumni/ae who volunteered as mentors during the 2002-2003 academic year:

Bruce Anderson '69
Eric Balsley '96
Henry Baker '69
Ben Boehm '99
John Bowen '81
Stephen Carr '01
Adam Cotner '96
Sue Dey '99
Duane Dreger '99
Amy Gieffers '97
Kate Graham '01
Ahsan Iqbal '84
Jeb Keiper '99
Brad Layton '92
Stacey Morris '96
Dustin Ordway '74
Luis Ortiz '96
Chris Putnam '96
Anand Ranganathan '96
Adam Reynolds '01
Karl Richter '99
Hillary Rolls '02
Randy Schweickart '83
Mike Scott '73
Dave Trop '83
Kathleen Vokes '00
Liz Willey '01

Do You Want To Change The World?

(continued from page one)

crew so that we can once again offer the students a "level playing field" where they have a decent chance of being competitive with the Ivys, and student athletes can excel to whatever level they are capable of.

A recent development gives us additional hope in this area. A group called "Friends of DAPER" has been formed. They have goals similar to FOMITC, but with a broader focus on all of the intercollegiate sports. All sports at MIT have suffered from inadequate funding. While MIT crew is the only Division I sport, it is not our intent to end up with crew being the only competitively funded sport. We need the strong support of alumni for all MIT intercollegiate sports. MIT lags behind all other competitive schools that we looked at in terms of alumni funding of athletic programs. We believe that FOMITC can lead the charge with Friends

of DAPER ramping up similar efforts for the other under-funded sport programs.

I just buried my 99-year-old grandmother. She had a fruitful and wonderful life. But it reminded me that we are here on this earth for a fairly short time and we should try to make a lasting impact if we can. If we can fully endow MIT crew, we will have made an impact that will last as long as MIT exists, long after all of us are gone. Please give this some serious thought. Please read Pete Peterson's enclosed article that digs further into our various fundraising activities. Give any of us on the FOMITC board a call if you have any questions or concerns. We are all quite passionate about this, and we need you in the boat on this critical row to endow crew.

On a different topic, we have our annual dinner during the Head of the Charles weekend (Saturday, 18 October). We are hosting this at the new Zesiger

Center. This year we are inviting all of the frosh oarsmen/women in addition to the varsity teams. See the box on page 11 for more information.

In this *STB*, you should also find a ballot for the first election of the FOMITC board of directors. We have a mixture of existing interim board members and new candidates (fresh blood!) for your consideration. The interim board has experienced some growing pains you would expect with a new organization. MIT alums tend to have strong opinions, so we've had many lively debates along the way. We already have a few bylaw amendments we are asking you to review and vote upon. In spite of these growing pains, I'm convinced that we have a much more sustainable organization now that has critical mass and is better able to focus on what needs to be done to improve and sustain MIT crew for the next 100 years and beyond!

OVERALL FUNDRAISING STATUS AND PLANS

Goal Is To Fund 100 Percent Of The Rowing Budget

By Pete Peterson '58

We all want crew at MIT to grow and strengthen its wonderful contribution to student development and education. As alumni, the main thing we can do is provide leadership and financial support. MIT, as at most rowing schools today, is in an extreme cost-minimization mode. Crew gets almost 11 percent of the total athletic budget and a much larger piece of the intercollegiate sports budget, which is roughly proportional to the percentage of crew athletes among all the intercollegiate sports. Our responsibility as Friends of Crew is to see that adequate dollars are there to get the job done and that the funds continue to be available.

This fiscal year (FY'04), The Friends of Crew will provide almost \$300,000 of the crew budget. This is an increase from about \$200,000 in FY'03 and about \$150,000 in FY'02. The main increase in FY'04 is the expansion of the women's lightweight program. The spendable income from the existing crew endowments has provided in excess of \$150,000 in each of the last two years, although the endowments (and thus their income) have shrunk with the stock market declines.

Our problem is that we took in only \$134,000 of new funds during FY'03. We intentionally made decisions to increase support spending over our income as there were compelling needs: serious freshman coaches' salary gaps, women's lightweight coaching needs, and training and equipment needs. The gap is being filled by drawing on our operating re-

serves balances—now at about \$800,000—and by launching several long-term fundraising efforts. The goal of these expanded efforts is to fund 100 percent of the rowing budget in order that crew can be assured of a secure future and not be vulnerable to the ongoing cost reductions necessitated by today's economy.

For the last year, we have been planning and starting up several expanded fundraising efforts that I want to tell you about.

1. **Endowment** (Jack Frailey & Pete Peterson):

- raise \$35M mainly through direct contact with large givers;
- you won't hear much about this effort until we hit some important mile markers;
- to date, we have \$4M in endowments and additional pledges.

2. **Five-year Reunion** (Bethany Grant):

- target the five-year reunion classes to earmark their reunion gift to rowing as well as the class. If yours is a 'x4 or a 'x9 class, you'll be hearing from us soon;
- goal \$250,000/year;
- organize a rowing fundraising campaign captain for each class to directly solicit class oarspeople in conjunction with the reunion fundraising program;
- each CC will reacquaint his or her class, establish a communication channel that will stay in place and be active even in between the five-year reunions, and fill an eight (or two) for the reunion row. We are

also using the Alumni Infinite Connection service to make it easier for us all to stay in touch with each other and with what's going on at the boathouse.

3. **Annual Campaign** (Jesse Lipcon):

- use mailings to all and targeted telethons conducted by rowing alumni in the fall and winter;
- goal: \$50,000/year;

4. **Reunion Row Class Captain** (Harvey Bines):

- develops a class captain for each reunion class to organize a successful reunion row. Men and women—heavy and light—all comers;
- purpose is to stimulate and reawaken interest in rowing, athletics and MIT;
- note: many of the 70 oarspeople who rowed this year said that it was more fun than anything they had done in the last 20 years.

5. **Olympic Training Support for Steve Tucker and Mike Perry** (Linda Muri):

- raise \$40,000-120,000 for training and living expenses for these two Olympic team candidates through the Olympic Trials;
- USE the NRF contribution mechanism and not FOMITC;
- see Linda's separate article.

We will keep you informed on the FOMITC website and through this newsletter on the status of your efforts. If you want to volunteer to help us get this critical job done, contact Pete Peterson: ppeterson@netsilicon.com.

The Bair Island Aquatic Center (BIAC) rowing club in Redwood City, California, offers year-round rowing as well as a summer program for all rowers (men and women, open and masters, sweep and sculling). They'd like to invite local MIT alumni of any age to continue their rowing experience with them! Their membership includes rowers from age 15 to "over 55." Alumni from many varsity and club programs are represented. For more information, visit them on the web at www.gobair.org.

The Board of Directors of
Friends of MIT Crew
invites you to attend the
18th annual dinner and
first FOMITC annual meeting on
Saturday, October 18, 2003.

Invitations are in the mail to all alums
registered with the MIT Alumni Association.

For more information, contact Willie Vicens at
978/685-6016 or via e-mail at wvicens@alum.mit.edu.

Massachusetts Institute of Technology
Friends of MIT Crew
77 Massachusetts Avenue
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